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NEWSLETTER

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Page 1

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### In This Issue...

- ✓ The Indianapolis 500: In 2016 We Celebrate Its 100th Running
- ✓ Drunk Driving: A Disaster Waiting To Happen
- ✓ 2016 Scholarship Winners
- ✓ Recipe of the Month
- ✓ Happy Father's Day

## The Indianapolis 500: In 2016 We Celebrate Its 100th Running

Our city is proud to host the 100th running of the Indianapolis 500 this month.

This prestigious event began in 1911 but, allowing for gaps in the schedule for both World Wars, the 100th running will be on May 29, 2016. Traditionally held on Memorial Day weekend, drivers must navigate 200 laps of a 2½ mile oval circuit at speeds that can exceed 230 miles per hour.



### Indy 500 Fun Facts

Impress your friends at your Memorial Day barbecue with these fun Indy 500 facts:

- With seating and infield capacities exceeding 300,000, the Indianapolis Motor Speedway is so big that Yankee Stadium, Churchill Downs, Vatican City, the Rose Bowl and the Roman Colosseum can all fit inside.
- The first winner of the 500-mile format was Ray Harroun in 1911 with a time of 6 hours and 42 minutes!

....continued on page 2

### Our Office

#### Sevenish Law Firm, P.C.

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### Office Hours

Mon : 8:00 AM - 5:00 PM  
Tue : 8:00 AM - 5:00 PM  
Wed : 8:00 AM - 5:00 PM  
Thu : 8:00 AM - 5:00 PM  
Fri : 8:00 AM - 5:00 PM

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## ....continued from page 1 **The Indianapolis 500: In 2016....**

- The Purdue All-American Marching Band has been the host band since its first performance in 1927.
- It's been a tradition for a guest artist to sing "Back Home Again in Indiana" before the race since 1946. Jim Nabors, TV's Gomer Pyle, holds the record with 34 performances between 1972 and 2014.
- Eddie Rickenbacker, World War I fighter ace, was one of the Speedway's owners.
- In a male-dominated sport, even female reporters weren't allowed in the pit area until 1971. The best finish for a woman driver was Danica Patrick's 3rd place in 2009.
- No champagne here - winners drink milk from a bottle, a tradition that began in 1936 with buttermilk. Drivers now have their choice of whole, 2% or skim milk.
- The track's food of choice is a pork tenderloin sandwich - but for 60 years peanuts were considered bad luck.
- Tony Stewart was the first racer to complete "double duty" racing day. In 2001, Stewart drove the Indy 500 and then traveled by helicopter and plane to Charlotte for the Coca-Cola 600 - 1,100 driving miles on the same day!

One thing is sure - all involved with the Indy 500 will be hoping for sunny weather on May 29th. Rain can often delay or postpone all or part of the race, and 101 out of 200 laps must be completed for the race to be official.

## **Drunk Driving: A Disaster Waiting To Happen**

Every day we hear of deaths and serious injuries caused by drunk drivers. These are so unnecessary because anyone who chooses to drink alcohol should not be driving.



A National Highway Traffic Safety Administration (NHTSA) reports that 25% of all 2013 fatal auto accidents in Indiana involved a driver who was impaired by alcohol (BAC = .08% plus)! Sadly, most of these could have been prevented if the driver had not gotten behind the wheel.

Innocent victims of drunk driving accidents may suffer severe injuries including catastrophic spinal cord or brain damage. Injuries like these require permanent lifestyle changes and cause financial hardship from the expenses of medical needs, lost wages and property damage. Injured individuals often suffer from emotional distress and pain and suffering. Victims may be eligible for financial compensation for these types of losses as a result of the drunk driver's negligence.

### **Don't Drink and Drive!**

If you choose to drink alcohol, give someone else the car keys. A designated driver should drink no alcohol at all. You can call a cab or driving service like Uber for a ride, take public transportation or stay overnight if necessary.

Parents - be a role model for your teenage driver and never drive after drinking. Have a serious talk with your child about the dangers of drinking and driving and what the law requires as well as your own expectations.

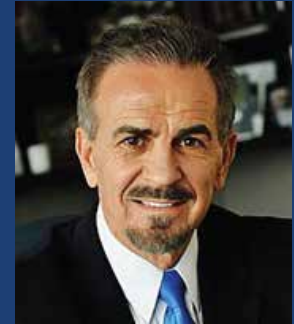
### **More Help**

MADD (Mothers Against Drunk Drivers) provides free handbooks available online: The 411 on Teen Drinking and Talking with Kids and Teens about Alcohol.

Share the MADD youth pledge never to ride with someone who has been drinking with your teen.

....continued on page 3

## **Our Attorneys and Staff**



**Attorney  
Randall Sevenish**



**Attorney  
Matthew Forsythe**



**Business Administrator  
Regina Sevenish**



**Office Manager  
Shannon Majors**

....continued from page 2 **Drunk Driving: A Disaster Waiting To Happen**

If you or a loved one has been injured in any type of accident or personal injury, it's important to get an attorney experienced in these types of cases involved immediately. Call **1-317-942-3605** for your initial free consultation. The Sevenish Law Firm, injury attorney in Indianapolis, can help you determine whether you need a lawyer for an accident or any personal injury case.

## 2016 Scholarship Winners

The Sevenish Law Firm, P.C., is proud to announce the winners of our 2016 Scholarship Essay Contest. Indiana high school or college students were invited to submit an original essay of 600 words or more on the topic of **School Shooting Safety**. The essay needed to address some of the following questions: What should you do if an active shooter is in the school? What steps can students take to avoid becoming a casualty in a school shooting incident? How can students prepare for a potential school shooting incident? What can students, our schools and our society do to prevent school shootings before they happen? How can we identify individuals who may be likely to commit acts of mass violence and get them help before they carry out an attack?



In order to qualify, individuals were required to:

- Provide a current academic transcript showing that you are a high school or college student within the state of Indiana
- Show proof of legal U.S. residency
- Provide proof of acceptance to an institution of higher learning located within the state of Indiana

Three individuals were awarded scholarships worth a combined \$2,500 for their winning essays in our inaugural **Scholarship Essay Contest**. The 2016 winners are:

**1st place:**  
**Isabel Grace Ward**



**2nd place:**  
**Heather Marie Bouch**



**3rd place:**  
**Gabrielle Maria VanBuskirk**



We plan to continue this scholarship program each year, and we congratulate the winners of our inaugural essay contest!

## Recipe of the Month

### Spring Vegetable Penne with Lemon-Cream Sauce

#### Ingredients

- 1 tablespoon extra-virgin olive oil
- 3/4 cup chopped Vidalia or other sweet onion
- 1 (4-ounce) package presliced mushrooms
- 1 teaspoon chopped fresh thyme
- 1 garlic clove, minced
- 1 tablespoon all-purpose flour
- 1/2 cup fat-free, lower-sodium chicken broth
- 1/2 cup half-and-half
- 3/4 cup frozen green peas
- 3 tablespoons shaved Parmesan cheese, divided
- 1/2 teaspoon grated lemon rind
- 1 tablespoon fresh lemon juice
- 1/2 teaspoon salt
- 1/2 teaspoon freshly ground black pepper



....continued on page 4

....continued from page 3 **Recipe of the Month**

- 8 ounces uncooked penne
- 1 pound (1-inch) diagonally cut asparagus

### Preparation

1. Heat a large skillet over medium-high heat. Add oil; swirl to coat. Add onion and mushrooms; sauté 5 minutes or until tender. Add thyme and garlic; sauté 1 minute. Sprinkle mushroom mixture evenly with flour; cook 30 seconds, stirring constantly. Stir in broth and half-and-half; cook 2 minutes or until slightly thickened. Add peas, 2 tablespoons cheese, rind, and next 3 ingredients (through pepper); cook 1 minute or until peas are thoroughly heated.
2. Cook pasta according to package directions, omitting salt and fat. During the last 3 minutes of cooking, add asparagus to pan; drain. Add pasta mixture to mushroom mixture; toss gently to coat. Sprinkle with remaining 1 tablespoon cheese.

*Recipe courtesy of myrecipes.com*



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